

Training catalogue 2017

Introduction

IBEC's mission is achieved by carrying out different objectives, one of which is to train the next generation of experts in healthcare technologies. Training at IBEC aims to develop internal talent and offer a wide array of courses designed to meet the needs of IBEC's scientists and staff across all career stages and disciplines. It complements their expertise with the continuing development of transferable skills and competencies that can help them to be better prepared for today's rapidly changing environments, thus ensuring that they are given the opportunity for professional development and for improving their employability. Specifically, IBEC aims at preparing them to deliver brilliant research while giving them the opportunity to make the next steps onwards in their careers.

This objective is fully aligned with the current IBEC Strategic Plan, the Spanish Science, Technology and Innovation Strategy (2013-2020) and the European Charter and Code. Some of the training actions have been planned in the Action Plan of the Human Resources Strategy for Researchers. Moreover, our commitment to an excellent training is even stronger for IBEC as a Severo Ochoa Centre of Excellence.

This Training Catalogue is a brief summary of the training courses offered at IBEC, but as the programme adapts existing courses and develops new ones to stay up-to-date with the evolving needs of our researchers, it will always be a work in progress.

Announcements for each course will be emailed to all IBEC members with details about how to register. Any IBEC member may participate in training activities free of charge; however, in some courses there is an eligibility criteria depending on career experience or other considerations. These are specified in the description of each course.

We'd like to thank the PhD Committee for their effort and dedication in collecting the training necessities of IBEC's first-stage researchers, as well as their contributions in defining some of the courses in this Training Catalogue.

Some of the training activities are funded by the Spanish Ministry of Economy, Industry and Competitiveness under the Severo Ochoa grant SEV-2014-0425 (2015-2019).

All courses will take place at IBEC:

Tower I, floor 11
Parc Científic de Barcelona
Baldri Reixac 4-8

Categories of training activities

A. Transferable skills

- Communication: Writing skills; Oral skills; Media
- Leadership and management skills
- Innovation skills (IP and Tech Transfer)

B. Scientific tools and techniques

- Visualizing Data; Image J and Video processing; Statistical Analysis; Matlab; Good practices in a multidisciplinary lab

C. Risk prevention

- Courses focused on job requirements: laboratory, safety course, health promotion workshops

D. Languages

- English, Spanish, Catalan

Registration instructions

Once the specific announcement for each course has been sent by the HR Unit, if you would like to attend and you have your supervisor's agreement, please send an email to hr@ibecbarcelona.eu (please remember to include your supervisor in CC).

You will receive an email from HR confirming your registration.

You only need to register once, so even if HR sends more announcements for the same course, you don't need to register again.

Please note that when you register, you are asked to confirm that you will attend the course. You must give at least 3 days (72 hours) notice if you wish to cancel, so that we have the possibility of finding another person to take your place. If you fail to do this, you may not be permitted to participate in future courses.

In case of unavoidable, last-minute cancellations such as illness, please send an urgent email to hr@ibecbarcelona.eu or call extension 31144/ 20563 so that we can try to fill your place.

Training Catalogue Overview

CATEGORY	TITLE	PROVIDER	DATES	AIMED AT
A. Communication	Say it so it stays: Oral presentation skills training for scientists	Elinor Thompson	8 th , 9 th , 12 th May	PhDs and Postdocs
A. Communication	Science Communication to a non-scientific audience	Tobias Maier	13 th July	All IBEC members
A. Communication	Media Training: Science communication for TV & Radio	Kristin Raabe	11 th October	Group Leaders
A. Communication	Becoming a Scientific Writer, putting 'why' before 'how'	Gavin Lucas	17 th October	PhD students and Postdocs
A. Communication	Learning to write clearly, the 'how' of good scientific writing	Gavin Lucas	7 th and 9 th November	PhD students and Postdocs
A. Leadership & management skills	Mindfulness for improved self-mastery & resilience	Andrés Martín	4 th & 11 th May	All IBEC members
A. Leadership & management skills	Mentoring Skills for Senior Scientists	Louise Schubert	18 th & 24 th May	Group Leaders participating in the Mentoring Programme
A. Leadership & management skills	Interviewer training: How can I get the right candidate?	Paola Rigioli	20 th & 21 st June	Group Leaders and Senior Researchers
A. Leadership & management skills	Career Development for Scientists	Tobias Maier	11 th & 12 th July	PhD students and Postdocs
A. Leadership & management skills	Leadership Skills for Young Scientists	Hfp consulting	17 th & 18 th January 2018	Postdoc researchers
A. Leadership & management skills	Cross-cultural Communication Skills for Successful Collaboration	Alicia Marín	20 th September	All IBEC members
A. Innovation skills	Technology Transfer	Xavier Rúbies	23 rd May	PhD students and Postdocs
A. Innovation skills	Intellectual and Industrial property: patents	Bernabe Zea	In Autumn	PhD students and Postdocs
B. Scientific tools & techniques	Good practices in a multidisciplinary lab	Internal Trainer: IBEC Risk Prevention representatives	24 th May & October	Graduate students, Master Students and 1 st year PhD students
B. Scientific tools & techniques	Image J and video processing	Internal Trainer: Pere Roca-Cusachs	27 th June	Master students, PhD students and Postdocs
B. Scientific tools & techniques	Data Visualization	Andy Kirk	4 th October	PhD students and Postdocs
B. Scientific tools & techniques	Good practices workshop: "How to design experiments"	Internal Trainer	27 th September	Master students, PhD students in 1 st year
B. Scientific tools & techniques	Matlab: an introduction	Internal Trainer	January 2018	Master students, PhD students
B. Scientific tools & techniques	Statistical concepts for research	Internal trainer	February 2018	Master students, PhD students
C. Risk prevention	Curso de primeros auxilios	ASEM Prevenció	26 th April	All IBEC members
D. Languages	English	Oxford House	October-December January-March April-June	All IBEC members with an IBEC-labour contract; all PhD students regardless contracting Institution

A. Transferable skills

Communication: Writing skills; Oral skills; Media

Say it so It stays: Oral presentation skills training for scientists

The course's aim is to improve scientists' effectiveness and confidence when presenting their research to peers and public.

Dates:

Monday 8th May 9.30 - 5.30, Tuesday 9th May 9.30 -1pm and Friday 12th May 9.30 to 1.30
In person class sessions = 14 hours. One whole day and two half days.
In addition to the class sessions, there will also be some homework between sessions.

Target group:

PhD students and postdocs.

Training content:

- Learn what makes a science presentation really effective
- Realise the importance of the audience
- Understand the key steps in preparation
- Clarify the importance of message and purpose
- Find story techniques to enhance engagement
- Develop & use visual aids appropriately
- Practise performance skills
- Identify own strengths and weaknesses
- Strengthen critical awareness of features of successful presentations

Trainer:

Dr. Elinor Thompson has been developing professional education interventions for scientists and physicians for over 15 years. She is designer of an innovative interdisciplinary programme, known as the *Intervals Programme*, at the Barcelona Biomedical Research Park (PRBB).

Science Communication to a non-scientific audience

Researchers play a central role in the public communication of science. They act alongside professional communicators and journalists. Scientists write articles, give interviews, write comments, blog, review books and more. To communicate effectively with a public audience,

scientists must make sure to speak and write comprehensibly.

The aim of the course is to prepare participants to communicate their research better to a non- scientific audience, be it online or offline.

The participants of this seminar will learn how to phrase clearly. They will gain insights into the interplay between research and the media. All ways of communicating science beyond the academic environment will be covered.

Dates:

13th July 2017 from 9 to 6pm. In person class sessions = 8 hours. One whole day.

Target group:

All IBEC members. Preference will be given to PhDs and postdocs. Maximum 12 Participants

Training content:

- A framework for successful science communication: raising awareness with participants about target audiences, communication goals, communication style, topics, and suitable media.
- Players in the new media landscape: This is a short module on who is communicating science: journalists, professional communicators at press offices, agencies, and scientists themselves.
- Phrasing your core message: Participants will learn how to break down their research topic to a core message, suitable for a general target audience.
- Dos and Don'ts when communicating online: Most scientists use online media when engaging with a more general audience. This module prepares the participants by discussing relevant do's and don'ts when using blogs and social media.
- Overview of the activities and processes of IBEC's communications Unit, particularly the press office. This section will be conducted by Vienna Leigh, Head of communications Unit.

Trainer:

Tobias Maier is a science communication professional with a PhD in biochemistry and a ten-year track record in academic research. As a freelance trainer, Tobias gives career development workshops for scientists, leadership and management skills courses for scientists and he writes a popular science blog in German called WeiterGen. He is an employed lecturer and science communication researcher at NaWik. He is specialized on Social Media and Scientific Writing.

Media Training: science communication for TV & Radio

The right choice of words takes practice – especially in front of a microphone or camera. What does my interviewer understand and what needs to be explained better? This practical workshop conveys basic knowledge of science communication, in particular for television and radio.

With the help of video analysis, participants will learn about their individual strengths and weaknesses and optimize their communication style.

The training involves a full setup with professional camera and light to mimic real situations. It involves video recording and individual feedback for participants

Dates:

11th October 2017, from 9 am to 6 pm. In person class sessions = 8 hours. One whole day.

Target group:

Group Leaders and Senior Researchers. Maximum 4 participants.

Training Content:

- Interview styles and interview situations
- Dimensions of science communication: Goal, Target Audience, Medium, Style and Topic
- From senders to receivers
- The interview in front of the camera
- The television message

Trainer:

1 trainer and a cameraman.

Kristin Raabe has studied biology and philosophy. She graduated in neurophysiology in 1996 and then started working as a science journalist for national public radio and TV programmes. She was awarded the “Georg von Holtzbrinck-Award for Science Journalists” in 2007. Since 2009 she teaches “TV-Science Journalism” at German universities. At the National Institute of Science Communication (NaWik) she is specialized on Media, Video, Dialog and Presentation Training.

Becoming a Scientific Writer, putting ‘why’ before ‘how’

This workshop takes an important qualitative step beyond ‘HOW to do scientific writing’, and provokes publishing scientists to ask ‘WHY should I write it like this?’. It’s important for us to have a clear perception of what motivates us as writers, what causes our most common mistakes, how our readers perceive our work, and of what makes good scientific writing attractive and accessible.

Dates:

17th October, from 9 to 6pm. In person class sessions = 8 hours. One whole day.

Target group:

PhD students and postdocs

Training content:

- By prompting publishing scientists to ask “*WHY should I write it like this?*” it will raise scientists’ awareness of what’s going on in their own minds as they write a scientific manuscript, and improve their ability to understand and connect with their readers’ minds. We will analyse the various levels of structure in scientific papers, putting a new focus on the purpose of each

section, and then apply this knowledge to the practical task of constructing a scientific manuscript from scratch.

Trainer:

Dr. Gavin Lucas is a biomedical scientist with more than 13 years of experience in research and scientific publishing, and 9 years of experience as an author's editor, consultant and trainer.

Learning to write clearly, the 'how' of good scientific writing

This workshop aims to help participants improve their writing skills through awareness of the elements of clear writing. Participants will learn linguistic tools to transmit scientific messages.

Dates:

7th and 9th November, from 9 to 13 pm. In person class sessions = 8 hours. Two half days.

Target group:

PhD students and postdocs

Training content:

- Converting large amounts of complex information into clear, well- structured text is a major challenge in scientific writing. This workshop provides a nuts and bolts approach to effective communication through writing. It combines basic theoretical knowledge with practical, step-by-step exercises. Emphasis will be placed on how to arrange words, sentences and paragraphs into coherent units of thought.

Trainer:

Dr. Gavin Lucas is a biomedical scientist with more than 13 years of experience in research and scientific publishing, and 9 years of experience as an author's editor, consultant and trainer.

Leadership and management skills

Mindfulness for improved self-mastery and resiliency

Workshop of two ½ day sessions will feature the benefits of mindfulness, a tool to develop self-efficacy and improve stress management and resilience. This training is based on the MBSR (Mindfulness-based Stress Reduction, Center for Mindfulness, Univ. Massachusetts) program and has been designed as an experiential and interactive workshop, aiming to guide participants towards self-

reflection and self-regulation. The program emphasizes the importance of stop and see before acting, and then learning to respond instead of reacting to stressful the events.

Dates:

4th and 11th May from 9.30 -1:30pm. In person class sessions = 8 hours + Pre-reading material

Target group:

All IBEC members (maximum 14 participants).

Training content:

- Mindfulness as a tool to develop self-awareness and personal efficiency
- Explore emotional intelligence and develop emotion regulation
- Understand and apply the principles of stress management
- Improve Personal Mastery and Resilience

Trainer:

Dr. Andrés Martín Asuero holds a MSc, a MBA and a PhD in Psychology from Univ. A. Barcelona. He completed his education in France (INSEAD) and USA (MIT and UMass).

Mentoring Skills for Senior Scientists

The aim of the two workshops is to prepare Senior Scientists for their roles of Mentor in the IBEC mentoring programme. They will learn key skills to encourage and support the learning of their mentees and consider how to manage the different stages in the process. They will also identify what their personal developmental objectives are in their own career paths.

Dates:

18th and 24th May, from 9.30 -1:30pm
In person class sessions = 8 hours in two half days + Pre-reading material

Target group:

Group Leaders participating in the IBEC's Mentoring Programme.

Training content:

- Welcome, introductions and sharing expectations.
- What is Mentoring and how is it different from coaching?
- The learning contract and learning styles
- The Mentoring journey; different phases and what to prepare.
- Different Approaches to Mentoring

- Building trust; Listening and Observing.
- Questions to probe and to discover.
- Giving and receiving feedback.
- The use of documents to record and reflect.
- How the Mentoring Programme runs
- Personal Preparation.
- Conclusion and review of the training.

Trainer:

Louise Schubert works both as an Organization Consultant and Executive Coach and has more than 30 years' experience working as a specialist in Learning and Development. She is accredited by the European Mentoring and Coaching Council (EMCC) at Senior Practitioner level; she has an MSC in Organization Consulting and is also certified as a Coach Supervisor. Over the last 4 years she has been helping organizations to set up Mentoring programmes and also works as a Mentor herself with Oxford Brookes University, in the UK. She is English and has lived in Spain for the last 25 years.

How can I get the right candidate? Interviewer training

The workshop will help Group Leaders and Senior researchers to make the right hiring decision with guidelines and tools to use when interviewing candidates.

Using the Competency Based Method of Interview, we can achieve better understanding and analysis of the candidate. Using the recognized principle that past and present behaviours are best predictors for future performance and evaluating not only his/her aptitude and technical skills for the job position, but also the alignment with the research group and the IBEC focus, the recruitment process will be lead successfully and professionally.

Methodology: Role play exercises with self-assessment, strengths and weaknesses identification

Dates:

20th and 21st June, from 2:30 to 5:30 pm. In person class sessions = 6 hours. Two three-hour sessions

Target group:

Group Leaders and Senior researchers. Maximum 12 participants.

Training content:

- What are competencies and why use competencies for recruitment and selection
- Job Description and Person Specification: how to match
- Competency Based Interviews: framework, questions, feedbacks
- Soft skills for the interview: questioning techniques, listening, observing, verbal and no verbal communication, feedbacks
- Recruiting diversity: how to avoid bias and awareness of own cultural filters
- How to evaluate your interview

Trainer:

Paola Rigioli is psychologist and organizational development consultant. She has been working for more than 15 years assessing and coaching teams to achieve a better performance in their Jobs. She works designing training plans and recruitments solutions based on the competency methods contributing to an effective development of the organizations involved. Paola has been collaborating as consultant and training partner for IBEC since 2012 and actively participating into the recent project "From Values to Excellence".

Career development for Scientists

The goal of this workshop on career development for scientists is to give participants a competitive edge on the job market by developing both the intellectual framework to make informed career choices as well as by providing practical help for the actual application and selection process, be it within or outside the academic environment.

Dates:

11th and 12th July 2017

In person class sessions: 14 hours, from 10:00 to 18:00

Target Group:

PhDs and Postdoctoral researchers. Maximum 12 participants.

Training content:

- Skills, interests and values: why are you doing science and what for?
- Identifying opportunities: mapping the job market for academics.
- Developing your competence profile: finding out and expressing what you are good at.
- Decision making theory: how to make the right choices for the right reasons.
- Creating a competitive CV: how to get on the shortlist.
- The job interview: a clear framework to finding the right match.
- Taking action: tools and tips to kick off your career.

Trainer:

Tobias Maier is a science communication professional with a PhD in biochemistry and a ten-year track record in academic research. As a freelance trainer, Tobias gives career development workshops for scientists, leadership and management skills courses for scientists and he writes a popular science blog in German called WeiterGen. He is an employed lecturer and science communication researcher at NaWik. He is specialized on Social Media and Scientific Writing.

Leadership Skills for Young Scientists

We believe that interpersonal skills, essential for today's challenges in scientific work, can be acquired and developed. Our goal is to enable scientists to productively deal with challenges related to the human aspects of doing science. These aspects are traditionally not taught in academic training and we aim at filling this gap.

Dates:

17th and 18th January 2018

In person class sessions: 12 hours. 1st day from 9:00 to 18:00; 2nd day from 9:00 to 13:00

Target Group:

Postdoctoral researchers. Maximum 16 participants.

Training content:

- Improve your communication, collaboration and leadership skills
- Learn and practice useful tools for fulfilling your leadership roles
- Understand the key components for effective and assertive communication towards conflict resolution
- Increase your understanding of personality related behavioural traits
- Strengthen your network within the IBEC community

Trainer:

The workshop will be conducted by an experienced team of 2 Hfp consultants. Hfp consulting is a provider who exclusively focuses on training and coaching life scientists, that have developed and established such workshops for postdocs for example at EMBO, the PRBB or SystemsX.ch network.

Cross-cultural Communication Skills for Successful Collaboration

Being effective with colleagues and partners who have different sets of assumptions, beliefs and values can be very challenging. If you add having to work, sometimes, at a distance, the chances for misunderstanding, conflict and damaged relationships increase dramatically. This is the reality that many scientists and other staff members face at IBEC today. This workshop will contribute to develop the skills, knowledge and personal attitudes of participants for succeeding in a cross cultural (and virtual) working environment.

The course aim is to help participants understand their own communication style, how it impacts on others and how culture can influence communicative effectiveness. Using these insights, participants will practice techniques for managing cross-cultural communication challenges in the workplace.

Dates:

20th September. In person class sessions: 8 hours. 2 sessions of 4 hours each. Maximum 15 participants.

Target Group:

All IBEC members.

Training content:

- Brief introduction to communication: Getting to know your own communication style
- Understanding culture
- A framework for interpreting culture
- Cultural differences in communication: cross-cultural success
- Working in a remote team: Additional challenges to deal with cultures remotely
- Your Action Plan: Culture in the workplace

Trainer:

Alicia Marín Muniesa has more than 18 years of international business experience. Certified coach, team coach and trainer. Associate professor at IE Business School (Madrid) for cross-cultural communication.

Innovation skills (IP and Tech Transfer)

Technology Transfer

The objective of the session will be to understand what the effective technology transfer is, and what opportunities and constraints brings to a researcher.

Dates:

23rd May 2017, from 11 to 13H. In person class sessions: 2 hours

Target group:

All IBEC members. Maximum 15 participants.

Training Content:

- In this session, we will discuss about the effective technology transfer in a public research institute. The real tech transfer implies a good knowledge of the research activity in the academia and of the research and business drivers in the companies. Understanding both sides will bring to you many opportunities wherever you will be doing research in the future.

Trainer:

Xavier Rúbies, PhD, MBA. Head of Technology Transfer at IBEC

Intellectual and Industrial property: Patents

The objective of the session will be to get the basics about patents and an overview of other intellectual and industrial protection strategies.

Dates:

2nd half November 2017. In person class sessions: 2 hours

Target group:

All IBEC members. Maximum 15 participants.

Training Content:

- In this session, we will discover what is a patent, what could be patentable, the criteria to grant a patent, timing, etc. But more than that, we will discover what is behind the patents, other intellectual and industrial property strategies.

Trainer:

Bernabe Zea. Licenciado en Química. Agente Oficial de la Propiedad Industrial. Representante autorizado ante la OAMI para Marcas y Diseños Comunitarios.

B. Scientific tools and techniques

Good practices in a multi-disciplinary lab

The objective of this workshop is to acquire the good practices necessary in a multidisciplinary laboratory to ensure the highest quality of the results.

Dates:

The workshop will be offered twice a year.

- 24th May, from 10 to 13pm
- October

Target group:

Vocational training Students, Undergraduate students, Master students and PhDs in their first year.

Training content:

- Planning the work
- During the work
- Finishing the work
- Before leaving the bench
- Practical part: performance of different good practices in a simulated multidisciplinary bench

Trainer:

IBEC's Risk Prevention representatives.

Image J and Video Processing

The aim of the workshop is to achieve basic skills in the analysis and quantification of microscopy images using ImageJ and Video Processing. The course is interactive and participants will have opportunities to carry out practical exercises.

Dates:

27th June, from 10 to 1 pm. In person class session: 3 Hours

Target group:

PhD students, Master students and postdocs.

Training content:

- Image and video modes and memory allocation
- Image tools:
 - Understanding image properties
 - Transformation (cropping, removing background, filters...)
 - Quantification (intensity profiles, types of measurements)
- Video tools
 - Opening image sequences
 - Transformation (drift, slice selection, background, walking average...)
 - Quantification (kymographs, tracking, montage...)
 - Generating videos for publication.
- Plugins

Trainer:

Dr. Pere Roca-Cusachs, Group Leader at IBEC. Pere's expertise in ImageJ comes mostly from his time as post-doctoral researcher at the lab of Michael Sheetz, Columbia University, where he used the software for day-to-day image analysis and data processing.

Data Visualization

The workshop aim to provide participants with an accessible and comprehensive introduction to data visualisation – the visual analysis and communication of data.

Dates:

4th October, from 10 to 6pm

Target group:

PhD students and postdocs

Training content:

- Content will be delivered through an energetic blend of teaching, discussion, individual practice and group work. Topics covered include, among others:
 - Assessing the physicality and meaning of your data
 - The skill of graphical literacy
 - The influence of an editorial approach to data-driven design
 - Fundamental visualisation design principles
 - The role of different chart types and how they tell different stories
 - Colour theory and best practices
 - The importance of annotating for assistance and insight
 - The power of interactivity and animation

Trainer:

Andy Kirk is a UK-based freelance data visualisation specialist: A design consultant, training provider, author, editor of visualisingdata.com, speaker and researcher. B.Sc (hons) in Operational Research and Masters by Research M.A (Distinction) programme. In 2016, Andy released his book entitled “Data Visualisation: a Handbook for Data Driven Design”.

Good practices workshop “How to design experiments?”

The objective of the course is to learn how to apply the scientific method and design better experiments to be able to do proper science.

Dates:

27th September. In person class session: 2-3 hours (to determine)

Target group:

1st year PhD and master’s students

Training content: (to determine)

- Hypothesis
- Design experiments and try hypothesis
- Decide the controls and analyze results
- Depending on the results, how can I modify the hypothesis?
- How can I identify a control?
- How can I apply the scientific methodology?
- How can I split the problem in small parts?

Trainer:

Internal Trainer.

Matlab: an introduction

The aim of the workshop is to introduce Matlab techniques.

Dates:

January 2018

Target group:

PhD students, Master students and postdocs

Training content: to be determined

Trainer:

Internal Trainer.

Statistical concepts for research

The aim of the workshop is to introduce statistical techniques to study, analysis and interpretation of a data base.

Dates:

February 2018

Target group:

PhD students, Master students and postdocs

Training content:

- Different statistical techniques to analyze dataset as result of experiments. Details to be determined.

Trainer:

Internal Trainer.

C. Risk Prevention

Curso de primeros auxilios (In Spanish only)

El objetivo del curso es ser una ayuda para adquirir los conocimientos necesarios de cara a prestar los primeros auxilios a aquellas personas que sufran un accidente o enfermedad repentina, hasta la llegada del personal sanitario. De esta primera actuación va a depender, en gran medida, el estado general y la posterior evolución de la persona. Con este curso conoceremos los tratamientos que están a nuestro alcance y sabremos lo que NO debemos hacer nunca para no agravar el estado del lesionado.

Fechas:

26 de Abril. 4 horas, de 9 a 13h.

Participantes:

Toda la comunidad IBEC. Máximo 12 personas

Contenido del curso:

- Normas básicas, posición lateral de seguridad (P.L.S.).
- R.C.P. Reanimación cardiopulmonar
- Alteraciones de la conciencia. Contusiones. Heridas. Hemorragias.
- Lesiones traumatológicas, esguinces, luxaciones, fracturas, inmovilización.
- Quemaduras; Lesiones oculares; Sustancias químicas: vías de exposición y actuación.
- Accidente por pinchazo: riesgo biológico.
- Obstrucción de la vía aérea. Maniobra de Heimlich.

Idioma de impartición: castellano

Formador/a:

Formador/a de la empresa ASEM, especialistas en prevención de riesgos laborales.

D. Languages

English classes

As of October, English classes begin every year for all IBEC members with IBEC labour contracts and for all PhD student regardless of the contracting institution. However, participants can start at the beginning of every trimester (in October, January or April) after taking a level test.

Requirement: to attend at least 75% of the classes.

Dynamic English classes using an integrated methodology of oral expression, written expression and grammar.

Dates:

English in Groups that meet one hour twice a week. Intermediate Group: Monday and Wednesday from 8:30 to 9:30 am. Advanced Group: Tuesdays and Thursday from 8:30 to 9:30 am.

Trainer:

Experienced native speaker teachers from the language school Oxford House.

Spanish and Catalan classes

Non-Spanish or Catalan speakers at postdoc and senior positions, staying at IBEC for at least one year, will have the possibility to attend Spanish or Catalan classes during 1 trimester in an external language school.